

WHERE TO FIND US.

The Derbyshire Federation for Mental Health
Stancliffe House
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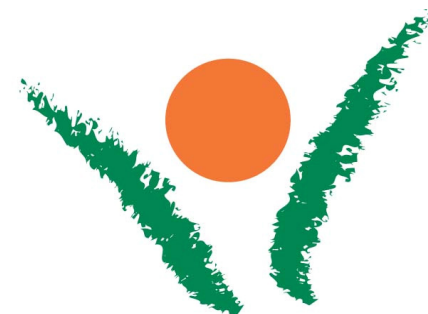
and

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The Derbyshire
Federation for
Mental Health

Promoting Independence

DIRECT PAYMENTS LEAFLET

The Derbyshire Federation for Mental Health is an independent, voluntary sector provider of mental health support services, and has been operating since 1985. The organisation is service-user led and provides support through trained mental health Support Workers. We work to PQASSO, 'positive about Disabled People' and Investors in People quality standards.

Our Support Workers are trained to Diploma in Health and Social Care (with Mental Health) Level 3, or equivalent. A client can contract with us for one-to-one support. The Federation is a 'specialist Provider' and the hourly rate for support is £15.88. Travel mileage to and from the client's home is charged at £0.43p per mile.

How to make a Referral



Clients can contact us directly, or by a third party such as; a Care-Coordinator, brokerage team, Community Psychiatric Nurse or a Social Worker. Clients will be asked to complete a referral form or have a referral form completed for them. Once we've received the completed form clients will be contacted by a Team Leader to discuss the support required.

How to make a referral

Clients can contact us directly or by a third party such as a Care Co-ordinator, Brokerage team, Community Psychiatric Nurse or a Social Worker. Clients will be asked to complete a Referral Form or have the form completed on their behalf. Once we have received the completed form clients will be contacted by a Team Leader to discuss the support required.

Types of support provided

- Tailor made support – support designed to meet the client's specific needs.
- Support to live at home – this may mean support to assist with cooking meals, shopping, managing money or keeping in touch with family.
- Support to get out and about and/or join social activities – support can be provided to enable a client to go out alone or to meet up with others to join social activities.

Emotional/psychological support – Support Workers will listen and respond, recognising an individual's condition for example; supporting a client to carry out activities when memory is impaired, encouraging a client with obsessional difficulties to complete daily activities.

Types of support provided

Do I have to manage my own money?



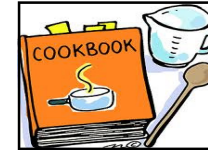
There is some initial paperwork to complete however; your Care Co-ordinator can help you with this. You will also need a bank account with a cheque book which you use just for your Direct Payments. Again, your Care Co-ordinator can assist you with this. The bank statements produced will need to be kept, but invoicing and payments can be managed by the Agent.

If you cannot open a bank account, or you are finding it difficult to cope, you can opt for a managed bank account which means that your money would be managed on your behalf in an account held by either DCIL or Paypacket. This option would still leave you free to choose and manage your own care without actually handling the funds.

Support getting ready for the day – Support Workers can prompt with personal care or help a client decide how they want to spend their day.



Support to live at home – this may mean support in cooking meals, shopping, managing money or keeping in touch with family.



Support to get out and about and/or join social activities – support can be provided to enable a client to go out alone, or to meet up with others or join social activities.



Emotional/psychological support – Support workers will listen and respond, recognizing an individual's condition, for example; supporting client to carry out activities when memory is impaired; encouraging a client with obsessional difficulties to complete daily activities.





Why use the Federation as an agency for Direct Payments

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Why choose a Direct Payment?

Having a Direct Payment gives you the control over the service/support you receive. If you have a Direct Payment then you will be able to buy your own support and decide when you have it. It's a good way of being more in control of your life, giving you the chance to choose the people who work for you and when they work for you.

Why use an Agent?

If you use an Agent such as the Federation, they will deal with providing the care you require. An Agent can recruit support workers, provide support workers and cover for holidays/sickness, pay staff wages, tax and insurance, sick pay and holiday pay, insure staff against accidents, train and supervise staff. An Agency may be able to be more flexible if unexpected support is required quickly.